

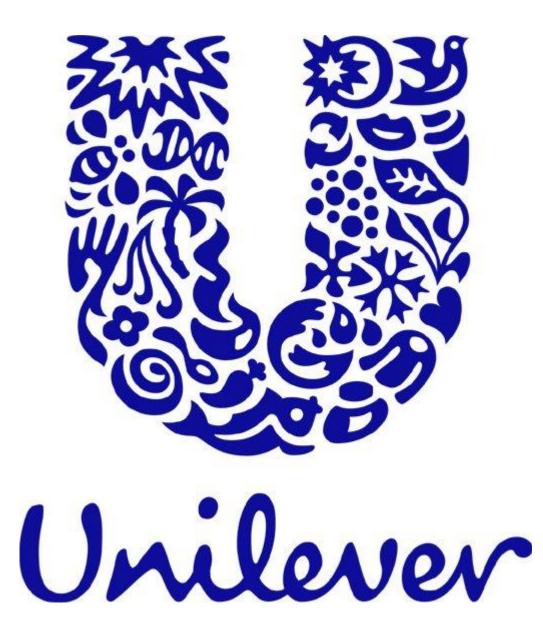
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14 Feb 2018 10:09 (10:09)

I woke up today at 8 am to do some studying for my organic chemistry exam. I do not have class until 1 so I am enjoying my rare free time at the gym. Trying to destress before this exam. I went to bed last night at 12:30 after fk finishing my life cycle of nutrition homework.

By Sadie

Target: College Students Task: 5. Daily video task Tags:

Tags Add Notes

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Sadie R

16 Feb 2018 14:36 (14:36)

When I want to avoid distractions I usually turn off my cell phone and tell anyone that's in my house that I cannot be distracted and to leave me alone.

Ric L

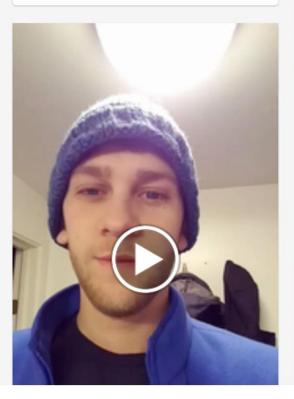
15 Feb 2018 20:00 (20:00)

Hi Sadie. Can you please list the two most important things you do when you want to avoid distractions while studying. Thanks.

15 Feb 2018 3:11 (08:11) By Colby Target: College Students Task: 5. Daily video task Tags:

Tags Add Notes

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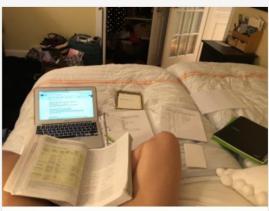
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Caroline M15 Feb 2018 19:56 (19:56)I dont need my phone for studying but I usually
am more apt to look at it if it is near me while i
am studying.

Ted C 15 Feb 2018 18:39 (18:39) And why is that? Do you need it for studying?

Caroline M 15 Feb 2018 18:37 (18:37) Definitely by my phone. ■

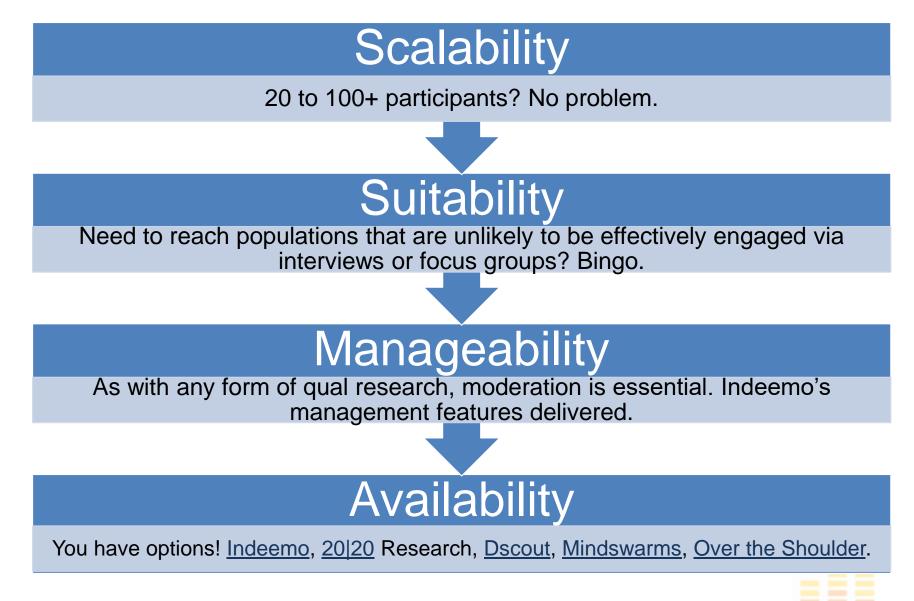
Ted C15 Feb 2018 18:34 (18:34)When do you seem to be more distracted in
general? Then, more distracted by your phone?



13 Feb 2018 20:05 (20:05)

I am currently in my bedroom at my moms house just now starting my homework. I was babysitting until 7 then ate dinner with my family when I got home. I choose to study in my room because it is the quietest and away from many distractions. My phone is not

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